



### Health Issues

The peoples of Lamu, Kenya are in dire need of qualified health professionals. In coastal Kenya, the doctor to patient ratio is 1 to 51,155. Chronic illnesses such as HIV/AIDS, respiratory infections, heart disease, and strokes are devastating the healthcare system.

Maternal mortality is another concern and is estimated to be as high as 1,000 deaths for every 100,000 births. Infant mortality is estimated at 54 in every 1,000 births.

The adult illiteracy rate is as high as 62%, which significantly complicates the management of chronic illness such as diabetes--a growing healthcare problem in Kenya.

Our focus is on early screening and health education across the lifespan. Our motto is to deliver low-cost, high-quality preventative healthcare, one person at a time.



LCPH clinic is located on Lamu Island, off the northern coast of Kenya. LCPH has been running annual summer clinics since 2007. Our goal is to offer year-round clinical services.



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# LCPH



### LAMU CENTER OF PREVENTATIVE HEALTH

LCPH is a not-for profit organization that provides affordable preventative healthcare to the peoples of Lamu, Kenya. For more information, check our website or you may contact us.

Tel in USA: + (1) 309 750 9647

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[www.lamuhealth.org](http://www.lamuhealth.org)

# Lamu Center of Preventative Health

In addition to offering on site clinical consultation at the LCPH clinic, we plan to reach the poorest of the poor by offering mobile clinics to other parts of the Lamu archipelago. Such services will provide healthcare and health education that is only intermittently available currently with the hope of improving the quality of life for island residents.

We are committed to the community health model, which aims to enhance the health education level of local volunteers who receive up to date training that allows them to help educate and deliver basic healthcare to their neighbors. This model of spreading knowledge and sharing expertise is in line with community values and the population's healthcare needs.

*“Delivering Low-Cost, High-Quality Preventative Healthcare, one person at a time.”*

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We believe that every patient who walks through the door is someone who deserves individual attention, the best possible treatment we can offer, and the time it takes to fully explain the illness, treatment, and how it might be prevented in the future.



Our board members are deeply committed to mobilizing our communities, both in the United States and in Kenya. We volunteer our time and resources to getting LCPH off the ground. The clinic in Lamu is currently available only in the summer months. We invite you to join us in our efforts to offer year-round clinical services in the near future.

You can help LCPH by:

- donating money (tax deductible) to LCPH.
- volunteering time and energy to our fundraising campaign where you live.
- offering health services to the people in Lamu by devoting part of your vacation to sharing your medical expertise.

For more information visit:

[www.lamuhealth.org](http://www.lamuhealth.org)

email [munib@lamuhealth.org](mailto:munib@lamuhealth.org)

Please make your check payable to LCPH and send it to: 212 S. Woodland Ave. Bloomington, IL. 61701 USA